

grain & grill

R E S T A U R A N T

Maldron Hotel Parnell Square

STARTERS

Chef's Soup of the Day (V)

Served with freshly baked bread and butter

Contains Allergens: 6 Wheat, Oats 7, 8, 9, 12

€6.25

314kcal

Courgette, Leek & Ardsallagh Goats Cheese Soup (V)

Our super healthy vegetarian soup, low in calories and full of flavour, with toasted omega seeds

Contains Allergens: 6 Wheat, Oats 7, 8, 10, 12

€6.95

473kcal

 Signature Dish

Crispy Irish Chicken Wings

Twice cooked Irish buffalo chicken wings tossed in hot & spicy or B.B.Q. sauce, Cashel Blue cheese dip, crunchy celery sticks

Contains Allergens: 6 Wheat, 7, 8, 11, 12, 13

€7.95

605kcal

Caesar Salad

Cos lettuce, Caesar dressing, Parmesan cheese, crispy bacon, croutons

Contains Allergens: 3 Anchovies, 6 Wheat, 7, 8, 9, 11

€5.95

403kcal

Add Marinated Chicken

€6.95

556kcal

Thai Fish Cakes

Served with sweet chilli sauce and rocket

Contains Allergens: 3 Haddock, Salmon, Coley, 6 Wheat, 7, 8, 9, 11

€7.25

735kcal

Cauliflower Fritters (DF) (V)

Crisp Irish cauliflower fritters, with romesco and kale pesto dips.

Contains Allergens: 5 Almonds, Hazelnuts, 6 Wheat, 8, 9, 10, 13

€ 7.95

344kcal

 Signature Dish

MAINS

8oz Hand Minced Irish Angus Chuck Burger (Heaney's Co. Galway)

Certified Irish Angus 8oz hand minced burger. Toasted brioche bun, bacon, Irish cheddar cheese, burger relish and chips

Contains Allergens: 6 Wheat, 7, 8, 9, 11, 13

€15.95

1775kcal

Traditional Fish & Chips

Kilmore Quay (Co. Wexford) fresh haddock in batter fried until crisp. Homemade tartare sauce, mushy peas, chips and lemon wedge

Contains Allergens: 3 Haddock, 6 Wheat, 8, 9, 11

€15.95

985kcal

Irish Chicken Supreme with Tarragon Jus (GF)

Pan seared chicken supreme with tarragon jus. Served with creamed potatoes, roasted seasonal vegetables.

Contains Allergens: 7, 8, 9

€15.95

691kcal

Smokey Chorizo Salmon (GF) (DF)

Atlantic Salmon Fillet with crisp skin. Charred Chorizo, sweet heirloom cherry tomatoes, fresh basil, olives and sauté potatoes.

Contains Allergens: 3 Salmon, 8, 9

€18.95

1046kcal

 Signature Dish

Slowly Braised Certified Angus Irish Beef & Guinness Pie

Slow braised certified Irish Angus with Guinness and vegetables. Rich meat jus, creamed Irish potatoes & roasted seasonal vegetables

Contains Allergens: 6 Wheat, 7, 8, 9, 12

€15.95

950kcal

10oz Certified Angus Centre Cut Sirloin (GF)

10oz Irish Angus sirloin steak, grilled to your liking. Choose pepper and brandy cream or roast garlic butter. Served with caramelised onions and mushrooms & chips

Contains Allergens: 7, 8

€24.00

1297kcal

A supplement of €8 applies on the 2 & 3 course prices

Linguini Aglio e Olio (V) €12.95
Basil pesto, spinach, cherry tomato and parmesan shavings. Served with Garlic slice
917kcal
Contains Allergens: 6 Wheat, 7, 8

House Special Creamy Spicy & Sweet Curry €15.95
An authentic Balti curry finished with coconut cream & coriander
Add Marinated Chicken 583kcal
Contains Allergens: 6 Wheat, 7, 8, 13
Add Roasted Sweet Potato and Chick Peas (GF) (V) 486kcal
Contains Allergens: 7, 8, 13

Homemade Falafel (GF) (DF) (V) €14.95
Homemade Falafel on bed of seasonal salad greens. Lime mayonnaise and roasted sweet potato
801kcal
Contains Allergens: 8, 9, 13

AUTHENTIC STONE BAKED PIZZA

Classic Margherita (V) €12.50
12" pizza with mozzarella & special tomato sauce
1101kcal
Contains Allergens: 6 Wheat, 7, 8

Meat Feast €14.50
12" classic Margherita topped with Irish ham, pepperoni and marinated chicken
1333kcal
Contains Allergens: 6 Wheat, 7, 8, 9, 13

Hot, Hot, Hot €14.50
12" classic Margherita topped with chilli, pepperoni and jalapeño
1207kcal
Contains Allergens: 6 Wheat, 7, 8


All From The Garden (V) €14.50
12" classic Margherita topped with mushrooms, sweetcorn, roasted peppers & onions
1120kcal
Contains Allergens: 6 Wheat, 7, 8


DESSERTS

Warm Apple Pie Slice (Coolhull Farm Co. Wexford) (V) €6.95
Crème anglaise, cream and vanilla ice cream
465kcal
Contains Allergens: 4 Traces, 5 Traces, 6 Wheat, 7, 8, 11, 14

Baileys Cheesecake (Coolhull Farm Co. Wexford) €6.95
Whipped cream and chocolate sauce
455kcal
Contains Allergens: 4 Traces, 5 Traces, 6 Wheat, 7, 8

Chocolate Fudge Slice (Coolhull Farm Co. Wexford) (V) €6.95
Whipped cream, chocolate sauce and vanilla ice cream
527kcal
Contains Allergens: 4 Traces, 5 Traces, 6 Wheat, 7, 8, 11

Peanut and Caramel Cake (GF) €6.95
Gluten free Crunchy Peanut and Caramel Cake. Crème Anglaise and fresh cream.
607kcal
Contains Allergens: 4 Peanuts, 5 Almonds, 7, 8, 11  Signature Dish

Raspberry and Almond Tart (GF) (DF) (V) €6.95
Lactose and Gluten free vegan Raspberry & Almond Tart. Fresh Raspberries and whipped vegan cream
295kcal
Contains Allergens: 4 Peanuts, 5 Almonds, Cashew, Hazelnuts, 8, 9  Signature Dish

Trio of Ice Cream (GF) (V) €6.95
Whipped cream and butterscotch sauce
575kcal
Contains Allergens: 7, 8

ALLERGEN INDEX

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| 1. Crustaceans | 8. Soya |
| 2. Molluscs | 9. Sulphur dioxide |
| 3. Fish | 10. Sesame seeds |
| 4. Peanuts | 11. Eggs |
| 5. Nuts | 12. Celery & celeriac |
| 6. Cereals containing gluten | 13. Mustard |
| 7. Milk/milk products | 14. Lupins |

Food Allergy Disclaimer:

Please be advised that our menu items may contain allergens, may have come in contact with items containing allergens, and there is always a risk of contamination or cross contact. In addition, the potential does exist, that food manufacturers may change their formulation or manner of processing without our knowledge.

Locally Sourced

Maldron Hotel Parnell square endeavour to become more environmentally aware. Produces locally sourced, in-house grown aromatic plants, Calorie awareness on our Menus are examples of our passion and dedication to our planet.

Our beef is of Irish origin, sourced from Bord Bia quality assured farms and suppliers to ensure certified credibility from farm to fork.

GF: Gluten Free **DF:** Dairy Free **V:** Vegetarian